



Light & Simple

\$30/person/day

The Light and Simple menu is for simple breakfasts, standard lunches, and delicious dinners that require little kitchen preparation.

	Breakfast	Lunch	Dinner
Day 1	Whole Grain Cereal Granola Milk Yogurt Fruit	Bagels Dippy Dip Spread Pringles Fruit Chocolate Chip Cookies	App: Cheese & Crackers Spaghetti Green Salad Bread Strawberry Shortcake
Day 2	French Toast Bacon Fruit	Cold Cuts & Cheese Sandwiches Pringles Fruit Cookies	App: Crackers, Salami & Goat Cheese Grilled Salmon Caprese Salad Pesto Pasta Bread Dessert: Rhubarb Crisp
Day 3	Egg Sandwich Fruit	BLTs Pringles Fruit Oreos	App: Chips & Salsa Burgers Coleslaw Black Beans and Rice Dessert: Brownies
Day 4	Bagels Cream Cheese Yogurt Granola Fruit	Egg Salad Sandwiches Pringles Fruit Chocolate Chip Cookies	App: Hummus and Pita Chips Marinated Chicken Breasts Sweet Potatoes and Thyme Bake Bread Dessert: Pineapple Upside-down Cake
Day 5	Breakfast Burrito Fruit	Taco Salad Pringles Fruit Piroulines	App: Crackers and Shrimp Cocktail Dip Deep Dish Dutch Oven Pizza Green Salad Dessert: S'mores
Day 6	Whole Grain Cereal Granola Milk Yogurt Fruit	Chicken Cranberry Salad Wraps Pringles Fruit Cookies	Back in Civilization

Advisory: Consuming raw or undercooked foods such as meat, poultry, fish, shellfish, and eggs may increase your risk of food borne illness.

2020 River Season

Contact Us: info@salmonriverfoodpacks.com (208) 756-7002 www.salmonriverfoodpacks.com